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NEWSLETTER

NATIONAL INSTITUTE OF NUTRITION
(Indian Council of Medical Research)
JAMAI-OSMANIA PO, HYDERABAD – 500007

***Greetings from Nutrition Society of India,
National Institute of Nutrition (ICMR), Hyderabad***

The XXXIX National Conference of NSI will be held at the National Institute of Nutrition, Hyderabad.

XXXIX NATIONAL CONFERENCE OF THE SOCIETY

The XXXIX National Conference of the Nutrition Society of India will be held at the National Institute of Nutrition, Hyderabad, on 15th and 16th November 2007 followed by a post-conference workshop on 17th November 2007.

The highlights of this year's conference are:

➤ **THIRTYFIRST GOPALAN ORATION**

Thirtyfirst Gopalan Oration will be delivered by Dr. Ricardo Uauy, President, International Union of Nutritional Sciences (IUNS) C/o UCLA School of Public Health, Los Angeles, California, USA.

➤ **NINETEENTH SRIKANTIA MEMORIAL LECTURE**

Nineteenth Srikantia Memorial Lecture will be delivered by Dr.V.Prakash, Director, Central Food Technological Research Institute (CFTRI), Mysore, India.

➤ **SYMPOSIA**

As in the past, there will be two symposia during the Conference as indicated below :

Symposium 1: "New initiatives for promoting health and nutrition well being"
Symposium 2: "Food safety an essential aspect of nutrition security"

➤ **AWARDS**

The following awards will be presented :

Young Scientists' Awards Session

Best papers in the following category:

Community Nutrition	:	Senior Award – 1 Junior Award – 1
Experimental Nutrition	:	Senior Award – 1 Junior Award – 1

Free Communication Session

Ramanathan Award for Best paper in the free communication

Poster Session

Shri Haveli Ram Pasricha Award and NSI Prize will be presented to two best posters.

➤ **POST-CONFERENCE WORKSHOP**

This year, the Society will be organizing a post-conference Workshop on “**Communication Skills in Nutrition Research**” primarily for student delegates on 17th November 2007.. Participation for this Workshop would be limited to maximum of 200 student members. Please refer to page 8 for details about registration etc.

➤ **IUNS-NSI-NIN INTERNATIONAL WORKSHOP**

Nutrition Society of India (NSI) will also be organizing an **International Workshop on “Leadership Skills in Nutritional Sciences”** in collaboration with National Institute of Nutrition (ICMR) and International Union of Nutritional Sciences (IUNS) on 13th and 14th November 2007 at National Institute of Nutrition, Hyderabad. The Workshop is expected to expose a limited number [10 from South Asian countries and 40 from India] of talented young scientists and teachers to leadership skills in nutritional sciences. Please refer to page 8 for details about registration etc.

FREE COMMUNICATIONS/POSTERS

Members interested in presenting papers at the XXXIX National Conference of the Society, should send an abstract of their paper. **The abstract in electronic format and two hard copies must reach Joint Secretary, Nutrition Society of India, National Institute of Nutrition, Jamai-Osmania PO, Hyderabad – 500 007, AP, INDIA before 31st August 2007.**

Guidelines for Abstract Preparation

1. The presenting author should be a member of the Society.
2. Abstract should be written in English.
3. The text of the abstract must be limited to 200 words excluding the title and authors of the abstract.
4. The title should be in capital letters (without underlining) followed by the name(s) of the author(s) and their full address including email-ID.

5. Each abstract should be submitted in electronic format by email to nsihyderabad@yahoo.com as an attachment and a hard copy of the same on A4 size paper along with a forwarding letter from the concerned Department/Institute by post. Electronic format will be accepted only after receiving the hard copy.
6. No member can submit more than two abstracts.
7. The Organising Committee will send a communication if the paper is accepted for presentation.
8. Preference for presentation in oral/poster session should be indicated. However, depending on the **suitability** and **availability** of time, the Scientific Committee will take the final decision.
9. Layout of a model abstract is given below:

COMPARISON OF TECHNIQUES FOR BODY FAT MEASUREMENT IN CHILDREN. Sakshi K. Bhushan and Prema Ramachandran, Nutrition Foundation of India, C-13, Qutab Institutional Area, New Delhi-16. E-mail: saakshi_kapoor1@rediffmail.com

In India, over-nutrition is emerging as a major public health problem. Data in adults suggest that Indians have a higher body fat for any BMI as compared to Caucasians and are more prone for central adiposity and the metabolic syndrome. Over-nutrition and obesity are reported right from early childhood. There is however very little data on fat mass in children. NFI undertook a study to assess fat mass in Public school children between 6-16 years of age (50-100 children of each sex for each age). In all children, weight, height, MUAC, waist circumference, hip circumference and four fat folds (triceps, biceps, subscapular and suprilliac) were measured. Bioelectrical impedance analysis (BIA) was done in a sub-sample of children using Bodystat 1500 MDD. Fat mass was computed from anthropometry using Johnston's equation. Fat mass was computed from BIA using two equations, Houtkooper et al for Caucasians and Kurpad for Indian children. There was a good correlation between fat mass computed from BIA using either of the two equations and fat mass computed from fat fold thicknesses. BIA, which is a simpler procedure, may be the preferred method for assessment of body fat in field surveys.

Guidelines for Oral Presentation

- Ten minutes will be given for each oral presentation, which includes seven minutes for presentation and three minutes for discussion.
- LCD projector will be provided for Power Point presentations
- Participants are advised to rehearse for time and preview their Power Point presentation before their presentation.
- Floppies / pen drives / CDs should be given to the projectionist one hour before their session.

Guidelines for Poster Preparation

- The poster should be prepared in English.
- The poster should be self-explanatory to enable comprehension by the visitors even in the absence of the authors.
- Use of photographs, diagrams and tables will improve the quality of the poster.
- Title should be brief, informative and readable.
- For a poster to be effective, the text should be kept to a minimum - be clear and concise.
- Use bold font to enhance legibility.
- Lettering used for the heading should be at least 2.5cms high and that of text atleast 1.0cm but preferably larger.
- Poster presenters are responsible for mounting and removing their posters on the designated board by poster number.
- Materials for putting the posters on poster board will be provided by the Secretariat.
- The Poster Board will be 100 cm x 100 cm size.

YOUNG SCIENTISTS' AWARDS SESSION

Criteria for Awards

1. **For Senior Award:** The awardee should be 40 years of age or below and be working in an organisation for a minimum period of 3 years. He/she should be the first author of the paper and should be the member of the society for at least 3 years or life member as on date of submission of the paper.
2. **For Junior Award :** The awardee should be 30 years of age or below. He/she should be the first author of the paper and should be the member of the society for at least one year or life member as on date of submission of the paper.
3. The work done should be original in content and directly or indirectly related to nutritional problems of national importance.
4. The author should indicate whether the paper should be considered for Community Nutrition or Experimental Nutrition.
5. He/She should **obtain a certificate from the Head of the Institute or the Department** where the work was primarily carried out by the applicant. The paper should not have already been published in any scientific journal. However, there will be no objection to the paper being published elsewhere after the presentation, provided it is acknowledged that the paper was presented at the National Conference of the Nutrition Society of India.

6. A member who has once won the prize against a particular Award, shall not be eligible for that Award for the second time although such a member can be a co-author of a paper for the subsequent award.
7. No member can present more than one paper for the Award.
8. Co-author(s) need not necessarily be member(s) of the Society.
9. The research work on which the paper is presented must be the actual work undertaken by the main author only. If at a later date, it is detected that the work was not done by the person himself or herself, stringent action will be taken by the Society which can include withdrawal of the award under public intimation.
10. **Four copies of full paper** with the Abstract (200 words) neatly typed on bond paper, in double space, indicating the name of the award for which it is submitted at the top of the paper, should be sent to the **Joint Secretary, Nutrition Society of India, National Institute of Nutrition, Jamai Osmania, Hyderabad - 500 007, India** on or before **31st August 2007**.
11. The paper submitted for the Awards will be screened and judged by a panel of three judges nominated by the Executive Committee of the Society.
12. The papers, selected for awards, will be presented at the National Conference of the Society and 10 minutes (Presentation: 8 minutes and Discussion: 2 minutes) will be allotted to each paper.
13. In case, the paper is not selected for an award after oral presentation, a certificate of merit would be given.
14. Entries received after the due date will not be considered.
15. Identity of the authors or place of work **should not be disclosed** in the entire text of the paper. The first page bearing names and the last page with acknowledgements will be deleted by the Society's Secretariat and coding will be done before sending the papers to the judges.
16. The decision of the panel of judges shall be final and binding on all concerned.

Guidelines for Submitting the Papers for Award

1. The research paper should have clear and specific objectives and an appropriate plan of investigation.
2. The methods employed should be appropriate to fulfil the objectives.
3. The sample size employed should be adequate.
4. Appropriate statistical methods should be employed.

5. The results should be clearly presented in tables and figures.
6. Discussion should be centered around the findings.
7. The conclusion should be precise.
8. The candidate should clearly highlight the new findings in the approach of the problems or in terms of adding to the existing knowledge in the field.
9. The paper should be written in a standard format consisting of introduction, materials and methods including sample size calculation, statistical methods, results, discussion, summary and bibliography. **Maximum length of the paper should be between 12 and 15 pages of A4 size (including tables, figures and references) typed in double space. The number of references should be within the limit of 15-20.**
10. Both the Senior and Junior competitors should submit four copies of paper along with a certificate from the Head of the Institute, their brief bio-data which should include date of birth, age, qualifications, designation, place of work, address for correspondence including telephone nos., email-ID, number of papers submitted for Scientific Societies' Meetings and names of awards received earlier, if any, along with a list of publications. A check list has been provided at the end of the newsletter, which may be completed and sent along with above documents.

REGISTRATION FEE

Registration Form (Form-A) in the enclosed format duly filled in, should be sent to the Secretariat along with registration fee, post-conference workshop registration fee, hotel deposit, etc. Registration will be confirmed only on receipt of the Registration Fee. The registration fee covers Conference documents, Lunches, Tea and Dinner.

	Paid on or before 30-9-2007	Paid After 30-9-2007
Conference		
- Delegates	Rs.700-00	Rs.800-00
- Associate Delegates	Rs.700-00	Rs.800-00
- Student Members	Rs.400-00	Rs.500-00
Post-conference workshop	Rs.300-00	Not accepted

Post-Conference Workshop

Those who wish to attend the post-conference Workshop on "Communication Skills in Nutrition Research" scheduled to be held on **17th November 2007**, may register their names by filling the conference registration form (should include an additional amount of Rs. 300/-) and should reach the organizer on/or before the deadline.

IUNS - NSI - NIN INTERNATIONAL WORKSHOP

The eligibility criteria for the workshop:

Essential:

1. Age between 30-45 years
2. Should be either M.Sc. / Ph.D. / MBBS / MD in the field of nutrition / medicine / agriculture / allied sciences / biotechnology / life sciences etc.
3. Should have minimum of 5 years of research and/or teaching with documentary evidence.
4. Should be working in research and teaching organizations of Govt. / Non-Govt. / University.

Desirable:

Evidence of good communication skills

The eligible candidates may apply for participating in the International workshop on “Leadership skills in nutritional sciences”. The application should be forwarded through the head of the Institute / organization and should reach on/or before 15th August 2007. The letter of recommendation in the format should be mailed to the organizer in a separate envelop by the recommending officer. Application without the letter of recommendation from the recommending officer will not be considered for screening. The Screening Committee will scrutinize all the eligible applications and only the selected candidate will be informed. Registration fee will be accepted only from the selected candidates. The application form (Form-C) as well as letter of recommendation form (Form-D) can be downloaded from the NSI website (www.nutritionocietyindia.org)

Registration fee

Indian Delegates	:	INR	3000-00
Foreign Delegates	:	US\$	500-00

Mode of Payment of Registration Fee

All payments should be made only through Demand Draft drawn in favour of **The Treasurer, Nutrition Society of India**, payable at any Nationalized Bank at Hyderabad / Secunderabad. **No cheques (except at par cheques)/IPO will be accepted.**

Refund of Registration Fee

In the case of registered delegates who are unable to attend the meetings, 60% of the registration fee will be refunded on receipt of request by the organisers before **31st October 2007**. All the refunds, however, will be disbursed only after the completion of the Conference.

ACCOMMODATION

Reservation for accommodation (Form-B) will be made only on receipt of the advance amount along with the registration fee by the Conference Secretariat latest by **30th September 2007**.

Requests for reservations should be accompanied by remittance of hostel/guest house/hotel deposit equivalent to one night per room. **No reservation will be confirmed without any deposit.**

Categories of Hotels, tariffs and other details are given in the **NSI website**. Persons wishing/having no objection to share accommodation should indicate the same in the proforma for Accommodation reservation and send along with the Registration form.

Accommodation for students

The Organising Committee will try to arrange hostel accommodation for the students. The room rates will be cheaper than hotel/guest houses. Nature of accommodation preferred should be indicated in the Registration Form.

TRANSPORT FACILITIES

Transport arrangements will be made to receive the delegates from Secunderabad / Hyderabad (Nampally) / Kachiguda Railway Stations / Airport / Bus Station, provided arrival particulars are sent to the organisers well in advance. The delegates are requested to contact volunteers with NSI official badges, at the Railway Stations/Airport. (Delegates are requested as far as possible to travel by trains which reach Secunderabad and alight at Secunderabad Railway Station which would be the most convenient). **You may intimate your Mode of travel, Arrival / Departure, Date and time particulars to the Joint Secretary through e-mail sent to nsihyderabad@yahoo.com.** Delegates residing in the hotels around Secunderabad will be provided transport facility to attend the meetings.

LOCAL CHAPTER ACTIVITIES

The activities of the Local Chapters for the year 2006-2007 will be presented at the XXXIX Annual General Body Meeting. Convenors are requested to send their report to the Joint Secretary before **31st August 2007**.

ANNOUNCEMENT

Elections

Nominations are called for the following :

President	- One post
Vice-President	- Two Posts (of which one should be from Headquarters)
Secretary	- One Post
Joint Secretary	- One Post
Treasurer	- One Post, and
Executive Committee Members	- 13 Posts

The nominations should reach the Joint Secretary, Nutrition Society of India, National Institute of Nutrition, Jamia-Osmania PO, Hyderabad – 500 007, AP, on or before 31st August 2007. The nominee should indicate his/her willingness in writing.

Proceedings of the Society

Volumes Nos. 52 and 53, covering the proceedings of the 36th and 37th Annual Conferences of the Society held in November 2004 and 2005 respectively are available in a single CD. Copies of CD will be supplied, free of cost, on request, to the Life Members and on payment to others. The cost of the CD is Rs.125/- and includes the mailing charges. Interested members can send their requisition along with the Demand Draft drawn in favour of Treasurer, Nutrition Society of India, Hyderabad to the following address:

Joint Secretary
Nutrition Society of India
National Institute of Nutrition
Jamai Osmania Post, Hyderabad – 500 007
Email to: nsihyderabad@yahoo.com

DIRECTORY OF MEMBERS

All the members of the Society are requested to inform their mailing address (including **Email-ID**) to enable the Secretariat of the Society to update the mailing list. Members who have not renewed their annual membership are requested to pay their membership by remitting the dues through demand draft drawn in favour of the TREASURER, NUTRITION SOCIETY OF INDIA, payable at any nationalized bank in Hyderabad/Secunderabad.

NEWS ITEMS REGARDING MEMBERS

Members receiving awards and honours etc. are requested to send the relevant information to the Joint Secretary, Nutrition Society of India, National Institute of Nutrition, Jamai-Osmania PO, Hyderabad – 500 007, for incorporating it in the forthcoming issues of the Newsletter.

REMITTANCE OF MEMBERSHIP FEE/COST OF PUBLICATIONS

In view of the delay in realisation of cheques, members are requested to remit their membership fee/cost of publications of the NSI only through demand drafts drawn in favour of the TREASURER, NUTRITION SOCIETY OF INDIA, Hyderabad, payable at any nationalised bank in Hyderabad.

Cordially,

(B. Sesikeran)
Jt. Secretary

ADDRESSES FOR CORRESPONDENCE :

For Registration / Accommodation / Free communications / Poster & Oral presentations / Papers for Young Scientist's Awards

All the correspondence regarding National Conference of NSI should be addressed to:

Joint Secretary
Nutrition Society of India
C/o National Institute of Nutrition
Jamai Osmania PO, Hyderabad - 500 007
Andhra Pradesh, INDIA
Telephone : 040-27002008 (Direct line)
040-27008921 Ext. 353/240
Fax : 91-040-27019074
Email : nsihyderabad@yahoo.com
Website : www.nutritionssocietyindia.org

DEADLINES

1. Applications for International Workshop on "Leadership Skills in Nutritional Sciences" **15th August 2007**
2. Entries for Society's Young Scientist's Awards, Abstracts for Free Communications and Poster sessions **31st August 2007**
3. Nomination for elections **31st August 2007**
4. Registration for National Conference & Post-Conference Workshop / Accommodation fee **30th September 2007**

**Check List For Delegates Submitting Papers For
Senior / Junior Awards**

[Tick (✓) opposite box if applicable and enclose with the paper]

	SENIOR AWARD		JUNIOR AWARD	
Age	Below 40 yrs	<input type="checkbox"/>	Below 30 yrs	<input type="checkbox"/>
Work experience	More than 3 yrs	<input type="checkbox"/>	--	<input type="checkbox"/>
NSI membership	3yrs ordinary or life member on date of submission	<input type="checkbox"/>	1 yr ordinary or life member on date of submission	<input type="checkbox"/>
Authorship	First author	<input type="checkbox"/>	First author	<input type="checkbox"/>
Category	Community Nutrition	<input type="checkbox"/>	Community Nutrition	<input type="checkbox"/>
	Or Experimental Nutrition	<input type="checkbox"/>	Or Experimental Nutrition	<input type="checkbox"/>
Original work in nutrition / allied subjects	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Paper already published	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Certification from Head of the Institute / dept.	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Received this award earlier	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Four copies of full paper with abstract	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Bio-data as specified under item (10) of guidelines	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>

The information provided above is true.

Name:

Date:

(Signature of delegate)